



Friday 3 & Saturday 4 February

The Sampled experience doesn't just happen on stage. There are lots of opportunities to take part, learn more and get involved in dance.

#sadlerssampled

1 A-Z of Dance: LIVE

Friday & Saturday Throughout the foyers from 6pm

Spot the dancers demonstrating different styles, moves and ideas about dance, following an A to Z of key dance words. This is a chance to meet and talk to professional dancers about what they do and ask any burning questions.

Commissioned by Sadler's Wells for Sadler's Wells Sampled
Curated by Inka Romani Escriva and created in collaboration with Lorea Burge, Parbati Chahudury, Joel O'Donoghue, Amelia O'Hara and Joshua Nash

Based on the A-Z of Dance (2013) by Lyndsey Winship
Produced by Robyn Cabaret

2 MUSIC

Friday DJ D. Vysor Mezzanine from 6pm

This Brazilian DJ based in London has spun records around Europe and South America. He's collaborated with Gilles Peterson, The Reflex, Norman Jay, Jazzie B (Soul II Soul), Daddy G (Massive Attack), Four Tet, ABA-SHANTI I, Floating Points and many more. Expect classics, groovy and funky tunes and also some Latin and Brazilian breakbeats.

Saturday DJ Rushmore Mezzanine from 6pm

The Vogue House Connoisseur has been at the frontline of London's underground club scene. With a penchant for US ghetto club music, his eclectic set will cover everything from ballroom, grime, footwork to ghetto house and techno.

3 LIVE PERFORMANCES

Friday Iron Skulls Co Exhibition Battle Rosebery Room from 7pm

Before you see them onstage, gather round and watch celebrated Spanish experimental dance company Iron Skulls Co battle it out. This is hip hop dance and b-boying at its rawest.

Friday Beatbox Showcase Rosebery Room, interval

London raised Marv Radio combines beatbox, rap and looping to make what he describes as "Hip Hop Healing" - aiming to leave people feeling better after he opens his mouth.

Music Platforms and Live Performances programmed by Breakin' Convention

Saturday P A L E T A Showcase Rosebery Room from 7pm and in the interval

Swiss performer P A L E T A has won numerous hip hop titles all over the world in experimental and vogue categories. She is currently the face of Nike's advertising campaign with FKA Twigs. Over the past two years P A L E T A has also been part of establishing the London Ballroom Scene as the Mother of the UK House of Lady Di (2015-2016).

Performed by P A L E T A CalmQuality, divaD Magnifique, Prince Maya Magnifique and Psycho Lanvin.

Music Platforms and Live Performances programmed by Breakin' Convention

3 FREE POST-SHOW CLASS

Friday Iron Skulls Co Rosebery Room

You've just seen them on the main stage, now come and learn breakdance basics from one of the world's leading hip hop companies, Iron Skulls Co. Don't miss this chance to learn a few moves sure to impress. No experience is necessary.

Saturday P A L E T A Rosebery Room

You've seen her showcase both before the show and during the interval, now come along and learn the art of vogueing with the queen of calm.

WORKSHOPS

Saturday

The Sampled workshops are an exciting and rare chance to learn moves by some of the leading dancers and dance makers working today. They are open to all levels of ability, aged 16+ and cost £3 each.

Book online at sadlerswells.com

English National Ballet

Ballet, 2.15-3.30pm

Join English National Ballet for an open ballet class focusing on the key elements of ballet technique including core strength, flexibility and posture.

Russell Maliphant Company

Contemporary, 2.15-3.30pm

Led by one of Russell Maliphant Company's exceptional dancers, this workshop will explore Maliphant's award-winning approach to movement.

Julia Hiriart Urruty & Claudio González

Argentine Tango, 3.45-4.45pm

Starring in Sampled and from the Sadler's Wells Production *milonga*, Julia Hiriart Urruty and Claudio González lead this workshop to introduce the popular Latin American Dance of Argentine Tango.

Jack Evans

Tap, 3.45-4.45pm

Tap is one of the most iconic forms of dance, so if you love the idea of making lots of noise and tapping new rhythms, then get signed up to this cool and exciting workshop for beginners taught by former World Tap Champion and West End performer Jack Evans.

Iron Skulls Co

Hip Hop (Experimental B-Boying), 5-6pm

Iron Skulls Co mix breaking techniques with contemporary styles to make theatrical urban dance. In this workshop, they provide tools to allow you to combine their methods with your own style. The purpose is to embrace freedom and find one's personality while dancing.

My Aerial Home – School of Aerial Dance and Circus

Contemporary Circus, 5-6pm

This workshop for all explores how dance and circus come together. It will be frisky and fun where you can learn contemporary circus routines, characterisation techniques and more! An opportunity not to be missed.

Sampled workshops programmed by Elaine Foley

Find your way around Sadler's Wells

